

# Psalm 34 & Praise

[pursueGOD.org/psalm-34](http://pursueGOD.org/psalm-34)

*Tip: Find videos, articles, and other resources online to help you talk about this lesson with your kids.*

## A Lesson Overview

### BIG IDEA:

We should praise God everyday and in everything we do.

### MEMORY VERSE:

I will praise the Lord at all times.

*Psalm 34:1 NLT*

## B Discussion & Activities

Use this box in the classroom or with your small group.

- PLAY:** Begin working on Activity Page #1.
- WARM UP:** What's the nicest thing someone has said to you? Why do compliments feel so good?
- PREVIEW:** Draw the bubbles on a whiteboard and fill in the BIG IDEA, MEMORY VERSE, and KEY QUESTION.

### KEY QUESTION:

Why does God deserve our praise?

- LARGE GROUP:** Gather for songs and videos with other kids. Then return to small group to finish this guide.
- RECAP:** Read the Lesson Overview from the Teacher's Guide and then answer the KEY QUESTION.
- EXPLORE:** Read [Psalm 43:5](#). What are some things you can praise God for even if you're really sad about something in your life?
- PLAY:** Choose a group activity from Activity Page #2.
- CLOSE:**
  - Share a way you will praise God this week.
  - Share prayer requests as a class and pray.

## C Takeaway

Use this box to follow up on the lesson at home.

1. Kids, explain to your parents what this week's **BIG IDEA** means to you.
2. Kids, recite the **MEMORY VERSE** with your parents every day.
3. Families, use the space below for **PRAYER REQUESTS** this week.

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